

**BAY CLIFF HEALTH CAMP**  
**CAMPER ELIGIBILITY GUIDELINES**  
*Children's Summer Therapy Camp (CSTC)*



Bay Cliff Health Camp has programming throughout the year, but our flagship program is *Children's Summer Therapy Camp (CSTC)*. **The purpose of CSTC is to promote independence and growth in children/youth with physical disabilities and developmental delays in a residential camp setting.**

Promotion of independence and growth are accomplished through direct therapy intervention, therapy carryover in the cabin setting, and by engaging in camp activities. At Bay Cliff we say, "Everything is Therapy," and it's true. We do require children to have a documented need for therapeutic intervention to be referred for *CSTC*. Therapies (based on needs) include: **occupational therapy, physical therapy, speech-language therapy, music therapy, hearing instruction and vision instruction.**

**ELIGIBILITY GUIDELINES**

All-Camper Criteria:

	Able to...
<ul style="list-style-type: none"> <li>✓ 3-17 years of age</li> <li>✓ In need of skilled therapy (OT, PT, Speech, Hearing, Vision) for habilitation or rehabilitation</li> <li>✓ On stable medications for behavioral management (if applicable)</li> <li>✓ No major violence/aggression towards self, others or property</li> <li>✓ History of full school day, and school week participation</li> </ul>	<ul style="list-style-type: none"> <li>✓ Demonstrate growth</li> <li>✓ Communicate yes/no with everyone</li> <li>✓ Remain with group (no elopement)</li> <li>✓ Tolerate variety of environments (loud, busy, bright, hot)</li> <li>✓ Tolerate regular schedule (7am-9pm awake, meals, therapies, activities, campouts etc.)</li> <li>✓ Tolerate changes to schedule</li> </ul>

We separate campers into 5 distinct units during *CSTC*, depending on several variables. Each unit has additional abilities/behaviors important for success in that unit, related to staffing, age, ability and/or the physical space used.

**Units I and II** are our largest units on camp. They are all girls and all boys, respectively, and typically have a **1:6 counselor to camper ratio**. In addition to the above criteria, children in either of these units are:

- ✓ At least 75% independent in ADLs (bathing, dressing, grooming, feeding self)
- ✓ Safe during unstructured time, with reduced adult support (ex. time on playground)
- ✓ Able to:
  - Follow 1+ step directions
  - Take direction from more than one adult
  - Complete routine tasks
  - Transition with the group around camp
  - Move around camp independently (or modified independence using device)
  - Remain seated for meals
  - Participate in meals with high degree of independence
  - Play and interact with peers or independently
  - Tolerate quiet time (called 'rest') 1-3pm on weekdays
  - Participate at an age-appropriate level, in small & large group activities without significant support
  - Tolerate difference (foods, prizes, packages etc.)
  - Adhere to publically appropriate behavior in camp setting and with cabin mates (Please inquire if you have questions)

**Unit III** is our younger boys' unit. These campers also meet the criteria outlined above, but may require **additional adult support and prompting**.

**Unit IV** is our preschool-age unit (3-5). Because of their young age, we have two distinct sessions of campers, each for 3.5 weeks. They can be either boys or girls, and typically have a **1:2 counselor to camper ratio**.

In addition to the **all camper** criteria, **children in Unit IV are able to:**

- ✓ Tolerate camp environment, schedule (hours) and changes to schedule with adult support
- ✓ Participate in meals with adult support
- ✓ Tolerate group setting with same-age peers with adult support
- ✓ Accept support/direction from more than one adult
- ✓ Play
- ✓ Be safe with self and others with adult support

**Unit V** is our unit for campers with greater physical support and personal care needs. These campers move around camp primarily in wheelchairs (power and/or manual). This unit has both boy and girl campers, ages 6-17. In this unit the **counselor to camper ratio** is typically **1:2**.

In addition to the **all camper** criteria, **children in Unit V:**

- ✓ Are medically stable to allow safety in camp environment
- ✓ Are able to breathe independently (no ventilator)
- ✓ Have established swallowing/dysphagia protocol if applicable (altered texture, nothing by mouth [NPO] etc.)
- ✓ Tolerate support/care provided by more than one person
- ✓ Demonstrate participation in therapy, and large and small group activities with assistance
- ✓ Demonstrate interpersonal interactions in a variety of environments with a variety of people

**CAMPER SELECTION:** Selecting children to be served at Bay Cliff from the many potential applicants is a difficult task. We want all children to be able to attend our program, but understand the limitations of what we can provide. Unfortunately, *CSTC* is not a setting where all children can be successful. Each year, we review all applications to consider the success of every camper. If you are considering referring a child but are not sure, please do! Or call us, and we are happy to talk through any concerns you have. We hope these guidelines provide direction in helping you determine who can be successful.

**REFERRAL PROCESS (BRIEFLY):**

- ✓ *REFERRAL/PERMISSION TO SHARE INFORMATION* forms go out – through posted mail, via email and are available on our website – February, 2019.
- ✓ Referrals should be received by March 31 for consideration (fax, email, posted mail)
- ✓ Bay Cliff will send out the application – a more in-depth sharing of information
- ✓ Applications should be returned by April 30 for consideration
- ✓ Bay Cliff will review completed applications and accept campers based on level of need, staffing, and order in which received.

**CAMP DATES 2019:**

**June 15/16 through August 3.** All campers are expected to attend the entire session.

**CAMP DATES FOR PRE-SCHOOLERS:**

**Session 1 - June 15/16 through July 9**

**Session 2 - July 11 through August 3**

**CONTACT INFORMATION:**

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