

# **BC Adult Rec Camp**

August 15 – 19, 2023



**DESCRIPTION:** Adult Camp is an outdoor, inclusive (adaptive) recreation program for adults with intellectual and developmental disabilities

**PURPOSE:** To enrich the lives of adults with disabilities, through exposure to new and/or more in-depth inclusive (adaptive) recreational and traditional camp activities in a remote, outdoor environment.

**PROGRAM:**

*Daytime* – Activities will include biking, boating & fishing, crafting, cooking, hiking, Lake Superior time (beach, swim, fire), tennis and others.

*Evenings* – introductions, bonfire, cooking/recipe competition, evening recreation, campout, lawn games, cookout, boat rides, costume competition and a hosted music night.

**ELIGIBILITY:** Criteria have been established to increase understanding of program limitations and promote safety for both campers/participants and staff. Applicants must first meet eligibility criteria as outlined (see reverse) to be accepted to participate in Adult Camp. To attend, participants/campers must also have a physical examination, which 'clears' them medically.

**DATES:** Adult Camp will take place from **Tuesday, August 15 – Saturday, August 19** at Bay Cliff Health Camp's campus in Big Bay, Michigan.

**COST:** The cost per camper for the duration of Adult Camp is approximately \$1,000.00. To promote enrichment of life and support attendance for those eligible and interested, Bay Cliff scholarships the majority of that cost. Campers/participants pay \$175.00 to attend (paid during intake/registration).

Please return completed application via email or posted mail:

**BAY CLIFF HEALTH CAMP**

**Attn: BC Adult Rec Camp**

**PO Box 310**

**Big Bay, MI 49808**

[tgrovas@baycliff.org](mailto:tgrovas@baycliff.org)

**Subject: Adult Camp Application – Last Name, First Name (of applicant)**

**Call or email with any questions: Tori Grovas, (906)345-9314 ext. 258 or [tgrovas@baycliff.org](mailto:tgrovas@baycliff.org)**

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## **ELIGIBILITY CRITERIA**



### **GENERAL ELIGIBILITY**

- Interested in attending and participating in an outdoor adaptive recreation camp program
- Safe in outdoor setting, situated on bluff with access to Lake Superior
- 18+ years old
- Have documented disability
- Meet the following requirements: established to understand limitations of staff training (one day) and program

### **PHYSICAL REQUIREMENTS**

- Be up to date with regards to vaccinations
- No communicable disease present
- Safe/no risk to health in camp environment – germ exposure, smoke exposure, cold air, damp air, outdoors
- When completing transfers, no more than set-up and standby assistance required
- When completing activities of daily living (ADLs), no more than set-up and standby assistance required
- If applicable
  - Stable medications for behavior management
  - Seizures controlled by medication
  - Have established swallowing/dysphagia protocol

### **INTERPERSONAL REQUIREMENTS**

- Can communicate yes/no, a choice, and information required to have basic needs met – verbally or through other means
- No recent violence/aggression toward self, others or property
- Not a danger to self or others
- Able to readily adapt to camp routine without disruption to the group environment. This includes but is not limited to:
  - Following directions given by staff
  - Living in a community/space with others
  - Participating in meals without disrupting others
  - Remaining with the group as required